Observations and Models for Needle-Tissue Interactions

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Abstract— The asymmetry of a bevel-tip needle results in the needle naturally bending when it is inserted into soft tissue. In this study we present a mechanics-based model that calculates the deflection of the needle embedded in an elastic medium. Microscopic observations for several needle-gel interactions were used to characterize the interactions at the bevel tip and along the needle shaft. The model design was guided by microscopic observations of several needle-gel interactions. The energy-based model formulation incorporates tissue-specific parameters such as rupture toughness, nonlinear material elasticity, and interaction stiffness, and needle geometric and material properties. Simulation results follow similar trends (deflection and radius of curvature) to those observed in macroscopic experimental studies of a robot-driven needle interacting with different kinds of gels. These results contribute to a mechanics-based model of robotic needle steering, extending previous work on kinematic models.

I. INTRODUCTION

Percutaneous needle insertion is one of the most common minimally invasive clinical procedures. It is used for diagnosis, localized therapeutic drug delivery, and tissue sample removal from tumors deep within the body. For effective medical diagnoses and treatments, the needle must reach its intended target. However, tissue inhomogeneity and anisotropy, organ deformation, anatomy obstructing needle path, and physiological processes, such as respiration, flow of fluids, and edema cause the needle to deviate from its intended path. A possible method to mitigate needle targeting errors is to use a needle that can be robotically steered inside the body to reach the intended target.

Several groups have examined the use of robotically steered flexible needles through tissue [1], [2], [3], [4], [5], [6], [7]. Abolhassani et al. [8] provide a summary of recent research being conducted in the area of robotic needle insertion in soft tissue. Planning such procedures requires an accurate model of the needle-tissue interaction. A general survey of needle and tissue interaction models which describes both physics- and non-physics-based interaction models are provided in [9]. Further, experimental work has identified forces (due to puncture, cutting, and friction) that develop during needle insertion through tissue [10]. In [7], a kinematic model specifically for bevel-tip needle steering was presented whose parameters were fit using experimental data. However, this model did not consider the interaction of the needle with an elastic medium.
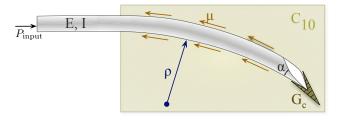
Fig. 1. Schematic of a bevel-tip needle interacting with a soft elastic medium. The two dimensional model incorporates tip forces generated by rupture, tissue properties (toughness: G_C, nonlinear elasticity: C_{10}) and needle properties (bevel angle: α and flexural rigidity: EI).

In this study, we present a two-dimensional model for a bevel-tip needle embedded in an elastic medium, shown in Fig. 1. The mechanics-based model is based on both microscopic observations of the needle tip interacting with soft gels and macroscopic observations of a robotically steered needle inserted through various gels. The model accounts for the needle's geometric and material properties, and also the medium's nonlinear material properties. In addition to capturing needle tip effects, our model attempts to provide a physics-based understanding of the effect of the needle-tissue interaction stiffness on the evolving shape of the needle.

II. OBSERVATIONS OF NEEDLE-TISSUE INTERACTIONS

In order to develop models for a needle embedded in an elastic medium, we conducted micro- and macroscopic experiments. Nitinol wires (Nitinol Devices and Components, Fremont, CA, USA) of varying diameter were used as flexible needles. Each needle had a bevel tip. A smooth and sharp bevel was obtained by fixing the needles at an angle in Crystalbond[TM] (Aremco Products, Inc., Valley Cottage, NY, USA) mounting adhesive, which is a thermo-plastic, and then polishing the edges. Plastisol (M-F Manufacturing Co., Inc., Ft. Worth, TX, USA) gels were used in the experiments; the ratio of plastic and softener was varied to change the stiffness of the gel.

A. Microscopic Observations

Microscopic observations of needle and elastic medium interactions have been reported previously (e.g., [11]), but most of the published literature focuses on observing the damage to the gel or tissue surface after the needle has punctured the medium. Sections of the gel have also been observed, but again only after the needle has penetrated the medium. In order to observe the interaction within the gel as the needle is embedded in the medium, we used a Zeiss LSM 510 Meta laser scanning confocal microscope. The needle and gel were visualized with differential interference contrast
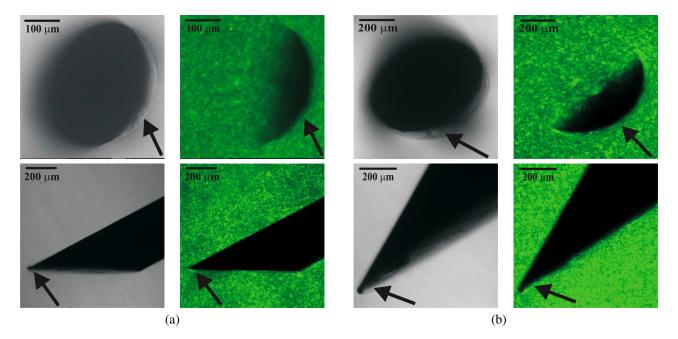
Fig. 2. Example DIC and epifluorescent images taken using a confocal microscope where the first row are in the *axial* configuration, while the second row pertain to the *perpendicular* configuration. (a) Ø 0.38 mm, $\alpha = 26.4°$ (b) Ø 0.71 mm, $\alpha = 28.2°$. Rupture of the gel is observed close to bevel edge of the needle, while the gel compresses against the needle shaft and the bevel face of the needle tip.

(DIC), epifluoresence, and reflected light using the 488 nm line of an argon/ion laser and 0.3 NA Plan-Neofluar 10x objective lenses (Carl Zeiss Inc., Maple Grove, MN, USA) with pin hole diameter set at 9.33 Airy units.

The ratio of plastic to softener for Plastisol gel was 4:1. The Plastisol gel (400 cm^3) was doped with 20 μl of 10 mg/ml rhodamine green solution (Invitrogen, Carlsbad, CA, USA). This dye was added to facilitate epifluorescent confocal imaging of Plastisol gel. Since a very small amount of dye was used, we assume that it does not significantly change the material properties of the gel. Cubes of 0.5 cm^3 were prepared and needles were manually inserted into the gel and viewed under the microscope. Observations were made in two configurations (*axial* and *perpendicular*), for needles of 4 different diameters and bevel angles. In the *axial* configuration, the laser light was along the needle axis, while during the *perpendicular* observation the needle-gel sample was configured such that the laser light was perpendicular to the needle axis. DIC and epifluorescent images were obtained for each configuration, two sets are shown in Fig. 2.

For all the needles, rupture or tearing is observed at the bevel edge, while compression is observed along the needle shaft. Rupture is observed in the DIC images while compression is seen in the epifluorescent images. In the *axial* configuration, the needle cross-section appears crescent-shaped because of the bevel edge. In the *perpendicular* configuration, compression due to the needle tip pushing against the gel is observed, and also slight rupture is seen at the needle tip in the DIC images. Unlike brittle materials, crack propagation (classical Mode-I fracture) is not seen during the interaction of sharp needles and soft gels.

B. Macroscopic Observations

We used the setup described in [12] to measure the radius of curvature for three needles inserted into two phantom tissues. The device can rotate and insert a needle into phantom tissues, and measure the forces and torques at the base of the needle. Nitinol wires with diameters of 0.40 mm ($\alpha = 38.0°$), 0.71 mm ($\alpha = 38.7°$), and 0.90 mm ($\alpha = 30.9°$) were used. The two transparent Plastisol tissues have a plastic to softener ratio of 4:1 (gel #1) and 32:9 (gel #2). Tracking was performed at 7.5 Hz by triangulating images from a pair of XCD-X710 firewire cameras (Sony Corporation, Tokyo, Japan) mounted above the phantom tissue.

For each experiment, we inserted the needle 20 cm into the gel at a constant velocity of 0.25 cm/sec. To determine the radius of curvature throughout the insertion, we segmented the needle tip position every 5 cm and calculated the radius of curvature over three regions. The first 5 cm were not used in the radius of curvature calculation because the pre-puncture deformation, the interaction of the support sheath, and the gel surface contaminate the initial needle deflection data. Fig. 3 shows the needle tip positions for three needles inserted into both materials. The figures only show planar data since the depth direction only varied by a maximum of 15 mm. The radius of curvature for each insertion was determined using a least squares three-dimensional fitting algorithm. Table I shows the radii calculated over each section of the tissue. The radius of curvature varies by an average of 10.7% for these six insertions with most of this deviation found in the Ø 0.90 mm needle. The other two needles only have an average deviation of 5.7%. Given this low variation, we assume a constant radius of curvature throughout the insertion, which corresponds to the kinematic model of [7].
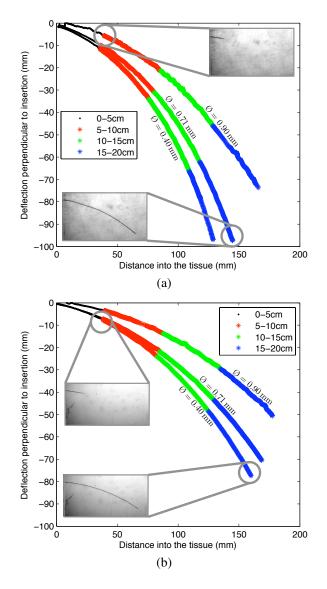
Fig. 3. Needle tip position: During each 20 cm insertion, the tip position is measured. The radius of curvature remains relatively constant throughout the insertion. (a) Gel one (stiffest). (b) Gel two (less stiff).

III. MODELS FOR NEEDLE-TISSUE INTERACTION

We now present mechanics-based models that incorporate and capture the observations from micro- and macroscopic experiments described in the previous section. We derive expressions that describe the deflection of a bevel-tip needle embedded in an elastic medium. The analysis assumes a two-dimensional model with the needle undergoing a single bend. The derived expression incorporates the needle material and geometric properties, as well as the local and global elastic properties of the medium. Further, given the deflection, the radius of curvature of the needle can be readily evaluated. In the derivation presented below, the needle trajectory is discretized into a series of steps, i, where the length of the needle is l_i and the deflection is y_i. Fig. 4 depicts the load distribution of a needle of length l_i surrounded by an elastic medium, where P_{input} is the applied needle insertion force, P and Q are the tip loads at the bevel edge, and K_T is defined

TABLE I
RADIUS OF CURVATURE FOR NEEDLE PATH SEGMENTS

gel, Ø(mm)	5-10cm (mm)	10-15cm (mm)	5-20cm (mm)	mean ρ (mm)	max % deviation
#1, 0.40	165.1	161.0	168.5	179.4	6.5%
#1, 0.71	201.0	176.8	191.5	196.6	5.9%
#1, 0.90	299.4	191.3	259.9	289.1	15.2%
#2, 0.40	278.1	264.2	272.8	276.0	2.0%
#2, 0.71	368.9	314.8	337.0	327.3	9.5%
#2, 0.90	541.7	340.2	428.7	404.1	26.4%

as the stiffness per unit length of the elastic medium. The functional form for the deflection of the needle in an elastic medium is initially assumed and the Rayleigh-Ritz approach is used to evaluate the coefficients of the deflection equation. The Rayleigh-Ritz method is a variational method in which the minimum of a potential defined by the sum of the total energy and work done by the system are calculated. The system potential, Λ, of a needle, l_i, interacting with an elastic medium, is given by

$$\Lambda = \underbrace{(N_E + S_E)}_{\text{energy}} + \underbrace{(-W_Q - W_P - W_R)}_{\text{work}} + \underbrace{P_{\text{input}}l_i}_{\text{input work}}, \quad (1)$$

where N_E and S_E are the energies associated with needle bending and needle-tissue interaction, respectively, and W_Q and W_P are the work due to transverse and axial bevel tip loads, respectively, and W_R is the work done to rupture the tissue. We now derive explicit expressions for each of the terms in (1).

A. Needle Bending

N_E is the sum of energy due to pure needle bending, U_B, and bending due to axial load, U_P, i.e. $N_E = U_B + U_P$. The expression for curvature is

$$\frac{1}{\rho} = \left(\frac{d^2 y_i/dx^2}{\left(1 + (dy_i/dx)^2\right)^{3/2}} \right) \approx \frac{d^2 y_i}{dx^2}. \quad (2)$$
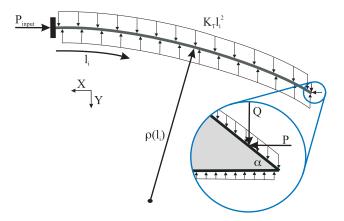

Fig. 4. Distributed load acting on a needle shaft as it interacts with an elastic medium. *Inset*: Forces acting on the bevel tip, where P and Q are the resultant forces along the bevel edge. K_T is the stiffness of the elastic medium per unit length, while P_{input} is the insertion force.
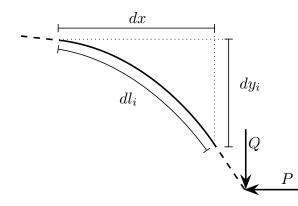
Fig. 5. Needle of segment dl_i and with needle tip loads P and Q.

Fig. 6. Schematic for calculation of U_T, energy due to the interaction between the needle shaft and elastic medium.

Thus, for needle segments of length l_i, N_E is reported in [13] as

$$U_B = \frac{EI}{2}\int_0^{l_i}\frac{1}{\rho^2}dx = \frac{EI}{2}\int_0^{l_i}\left(\frac{d^2y_i}{dx^2}\right)^2 dx. \tag{3}$$

The bending due to axial load, P, is evaluated by considering a segment, dl_i (Fig. 5), along the needle. The axial strain due to P is $\frac{dl_i}{dx}$. Thus, $E\frac{dl_i}{dx} = \frac{P}{A}$, where A is the needle cross-sectional area. Hence,

$$U_P = \frac{1}{2}\int_0^{l_i}P\,ds = \frac{1}{2AE}\int_0^{l_i}P^2\,dx. \tag{4}$$

Substituting (3) and (4) into the expression for N_E gives

$$N_E = \underbrace{\frac{EI}{2}\int_0^{l_i}\left(\frac{d^2y_i}{dx^2}\right)^2 dx}_{U_B} + \underbrace{\frac{1}{2AE}\int_0^{l_i}P^2\,dx}_{U_P}. \tag{5}$$

B. Needle-Tissue Interaction

In (1), S_E is a combination of energy stored in the system due to compression of the elastic medium at the needle tip, U_C, and interaction of the elastic medium along the needle shaft, U_T. Thus,

$$S_E = U_C + U_T. \tag{6}$$

The compression of the gel due to the bevel-tip needle was observed both at the needle tip and along the needle shaft in microscopic images, as described in Section II-A. Pressure is applied by the needle and ΔV is the resulting change in volume of the elastic medium. Thus, U_C is

$$U_C = \text{Pressure} \times \Delta V = K\left(\frac{\Delta V}{V}\right)^2, \tag{7}$$

where K is the bulk modulus of the elastic medium and the change in volume of the medium is $\Delta V = Al_i$. For linear elastic materials $K = \frac{E_T}{3(1-2\nu_T)}$, where E_T and ν_T are the Young's Modulus and Poisson's ratio of the medium, respectively. In order to express U_C in terms of hyperelastic material parameters, consider the Cauchy stress, $\sigma_{22} = \frac{2C_{10}}{\lambda}\left(\lambda^3 - 1\right)$, for a body under uniaxial compression, as derived in [14]. Evaluating the slope, $\frac{\partial\sigma_{22}}{\partial\lambda}$, for unit uniaxial stretch ratio, $\lambda = 1$, results in $E_T = 6C_{10}$. Thus,

$$U_C = \frac{2C_{10}\,(Al_i)^2}{V\,(1 - 2\nu_T)}. \tag{8}$$
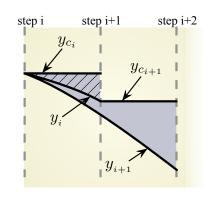
As mentioned earlier, the needle trajectory is discretized into a series of steps and U_T is calculated at each step. In the absence of an elastic medium surrounding the needle, no tip forces would be generated and the needle would not bend. This corresponds to the stress-free path of the needle and the deflection in this case is denoted by y_{c_i}. The key idea in the calculation of U_T is that the elastic medium interacts with the needle shaft only when the needle deviates from the rupture trajectory it has previously established. Fig. 6 provides a sketch of y_{c_i} and y_i, and the shaded area represents U_T at each step. Thus, for $i = 1$ and a needle segment of length l_1,

$$U_T = \frac{1}{2}\int_0^{l_1}K_T\,(y_1 - y_{c_1})^2\,dx, \tag{9}$$

where K_T is the stiffness of the elastic medium per unit length and is calculated from the force-displacement or stress-strain curve of a tested sample (height: h, width: w, and depth: d) of the elastic medium. For an elastic medium $K_T = E_T\frac{d}{h} = 6C_{10}\frac{d}{h}$. y_{c_1} is a function of the bevel angle, α, and for simplicity is assumed to be

$$y_{c_1} = 0. \tag{10}$$

Similarly for the needle segment of length, l_2, U_T is calculated as the sum of energies for needle segments 0 to l_1 and l_1 to l_2

$$U_T = \frac{1}{2}\int_0^{l_1}K_T\,(y_2 - y_{c_1})^2\,dx + \frac{1}{2}\int_{l_1}^{l_2}K_T\,(y_2 - y_{c_2})^2\,dx, \tag{11}$$

where

$$y_{c_2} = y_1(l_1) \tag{12}$$

Thus, the general expression for U_T for a needle of length, l_n, is

$$U_T = \sum_{i=1}^{n}\frac{1}{2}\int_0^{l_i}K_T\,(y_n - y_{c_i})^2\,dx, \tag{13}$$

where

$$y_{c_i} = y_{i-1}(l_{i-1}). \tag{14}$$

The necessity of treating U_T step-wise can be understood through closer inspection of (13). The needle-tissue interaction energy is a function of the square of the deformation

in the medium itself. If the needle was embedded in the tissue straight and then bent by tip loads, the deflection in the tissue would be y_i itself. However, since the needle tears a path through the tissue, only the difference between the ruptured path and the current needle trajectory, i.e. $y_i - y_{c_i}$ interacts with the tissue. As insertion continues, the needle trajectory varies from the original ruptured path it has taken, thus engaging the tissue. Prediction of this process is handled step-wise; the previous path of the needle and current predicted path of the needle are known for every i^{th} step. y_{c_i} is a linear discretization of the ruptured path employed to determine the tissue deformation. Note, the path predicted by y_{c_i} converges for smaller step sizes.

C. Work Done

In (1) the work done due to the transverse tip load, Q is

$$W_Q = Qy(l_i). \tag{15}$$

The work done by axial tip load, P, is

$$W_P = \int_0^{l_i} P\,du, \tag{16}$$

where $du = dl_i - dx$, shortening of the needle, as shown in Fig. 5. Using the series expansion it is possible to express du in terms of dy_i and dx

$$du = dl_i - dx = \sqrt{(dx)^2 + (dy_i)^2} - dx \approx \frac{1}{2}\left(\frac{dy_i}{dx}\right)^2 dx. \tag{17}$$

Substituting (17) into (16) results in

$$W_P = \int_0^{l_i} \frac{P}{2}\left(\frac{dy_i}{dx}\right)^2 dx. \tag{18}$$

The work done to rupture the elastic medium, W_R, is a function of the effective rupture toughness, G_C, and the amount of tear or rupture, a. G_C is defined as the work done per unit needle cross-section area to rupture and cut through tissue [14]. Thus,

$$W_R = aG_Cl_i. \tag{19}$$

IV. RESULTS

We now present the needle deflection simulation results obtained using the model developed in the previous section. As mentioned earlier, in the Rayleigh-Ritz method, the functional form of the needle deflection is initially assumed. We chose

$$y_i = a_0 + a_1x + a_2x^2 + a_3x^3, \tag{20}$$

where y_i satisfies the boundary conditions $y_i(0) = 0$ and $\frac{dy_i(0)}{dx} = 0$. Using the Rayleigh-Ritz method, the coefficients a_0, a_1, a_2, and a_3 are evaluated by minimizing the system

TABLE II

SIMULATION INPUT PARAMETERS

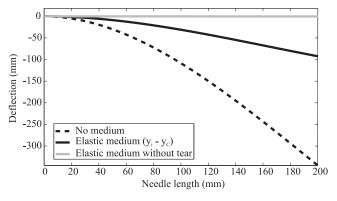| Needle	Ø (mm)	I (m^4)	A (mm^2)	E (GPa)	a (mm)
	1.0	0.05	0.79	50.0	0.05
Tissue	K_T (kN/m)	v	C_{10} (kPa)	G_C (N/m)	V (m^3)
	25.0	0.45	4.0	20.0	0.0045

Fig. 7.   Simulation result for needle deflection versus insertion.

potential, Λ (1). For each step of needle length segment, l_i, N_E, S_E, W_Q, W_P, and W_R are calculated using (5), (6), (15), (18), and (19), respectively. The deflection equation coefficients, a_j (for $j = 0, 1, 2, 3$), are calculated by setting

$$\frac{\partial\Lambda}{\partial a_j} = 0. \tag{21}$$

The system parameters used for the simulation study are provided in Table II and are based on mean values calculated in [14].

Fig. 7 depicts the deflection of a needle of length 20 cm embedded in an elastic medium with P_{input}, P, and Q set to 2 N, 0.03 N, and 0.3 N, respectively. Fig. 7 provides the deflection of needles for two additional cases with the same tip and insertion forces. In the first case, needle deflection is calculated in the absence of an elastic medium, i.e. $U_T = 0$. In the second case, needle deflection is computed when there is an elastic medium surrounding the needle but no rupture trajectory, i.e. $U_T = \frac{1}{2}\int_0^{l_i} K_T y_i^2 dx$. As seen, the deflection in the absence of a medium is greater than in the presence of the medium, while the absence of a rupture trajectory results in almost no deflection of the needle. For the approximate material and needle properties, the final tip deflection of the needle was iteratively calculated to be 9.2 cms, which is in the same range as the observed deflection given in Fig. 3. For this simulation case, the radius of curvature was also observed to be almost constant at 140 mm. The radius of curvature converges after approximately 18 iteration steps.
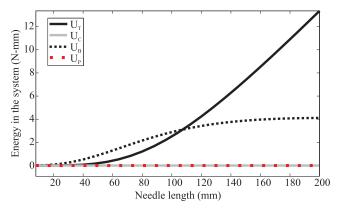

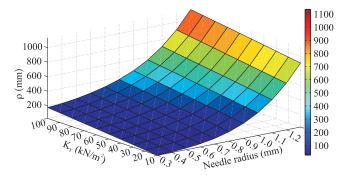Fig. 8.   Contribution of various components of the system energy.

Fig. 9. Variation of the radius of curvature for changes in needle radius and tissue stiffness.

During the initial needle insertion phase, the needle-tissue interaction stiffness does not play a significant role in the needle bending process. But as the needle is further engaged in the elastic medium the importance of the needle-tissue interaction stiffness increases. Fig. 8 shows the contribution of the various energies in the system for a 20 cm insertion. As seen, U_T dominates the total energy contribution to the system. U_T and U_B contain 76.4% and 23.5% of total stored strain energy of the system. Simulation studies were also performed where the needle radius and tissue stiffness per unit length, K_T, were varied, and the changes in the radius of curvature, ρ, were observed. As seen in Fig. 9, for a medium of fixed elasticity, as the radius of the needle increases, the radius of curvature also increases. The numbers for the radius of curvature observed in the simulation studies are in the same range as those seen in the experimental studies given in Table I, but clearly further refinement of material and geometric parameters is needed.

V. CONCLUSIONS

We developed a mechanics-based model to determine the deflection of a robotically steered needle interacting with a soft elastic medium. The model was influenced by observations made from microscopic images of the needle-gel interactions. The simulation results concur with the trend observed in macroscopic observations of a needle inserted into a gel. The results indicated that the energy associated with the needle-tissue interaction stiffness dominates the total potential of the system, and energy due to compression and work done due to rupture and tip loads are less significant.

Building upon our previous work [14], this model accounts for the compression and tear observed in the microscopic images. The energy-based formulation used physically relevant tissue and needle properties, and computes the deflection of the needle by discretizing the needle length into segments. The simulation results for tip deflection are in the same regime as those observed from macroscopic experimental observations of needle insertion. The simulation results for the radius of curvature also converge to a constant value. The method presented could be applied in general to a needle interacting with an elastic medium and are not specific to bevel-tip needles.

Preliminary validation work presented in this study showed that the model and experimental data followed similar trends for needle deflection and constant radius of curvature. The variations in experimental and simulation results could be attributed to: (1) gel properties (both elasticity and toughness) that were not measured accurately, (2) approximate value of the needle insertion force that was provided as input into the simulation model, and (3) medium-specific bevel tip loads that provided as input to the model. Thus, immediate extension to this work includes detailed validation, which would cover obtaining tissue- and needle-specific material properties, and comparing the results of our model to experimental studies.

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